# Prof.M.SUNDAR



# **GENERAL INFORMATION**

NAME	Prof.M.S	UNDAR				
PRESENT POST	VICE-CHANCELLOR,					
	TAMIL	NADU	PHYSICAL	<b>EDUCATION</b>	AND	SPORTS
	UNIVER	SITY				

# **EDUCATIONAL QUALIFICATION**

S.NO	UNIVERSITY/ INSTITUTION	QUALIFICATION/ DEGREE
01	ANNAMALAI UNIVERSITY	Ph.D
02	JIWAJI UNIVERSITY	M.P.E
03	JIWAJI UNIVERSITY	B.P.E
04	JIWAJI UNIVERSITY	DIPLOMA
05	KOLKATA	NSNIS(Atheltics)

# **EXPERIENCE IN THE FIELD OF EDUCATION**

UNIVERSITY	POST
TAMIL NADU PHYSICAL EDUCATION AND	VICE-CHANCELLOR
SPORTS UNIVERSITY	
ALAGAPPA UNIVERSITY COLLEGE OF	PRINCIPAL
PHYSICAL EDUCATION	
ALAGAPPA UNIVERSITY COLLEGE OF	PRINCIPAL I/C
PHYSICAL EDUCATION	
ALAGAPPA UNIVERSITY COLLEGE OF	COURSE COORDINATOR
PHYSICAL EDUCATION	
ALAGAPPA UNIVERSITY COLLEGE OF	READER
PHYSICAL EDUCATION	
ALAGAPPA UNIVERSITY COLLEGE OF	LECTURER
PHYSICAL EDUCATION	
TOTAL YEARS OF EXPERIENCE	28 YEARS 2 MONTHS

# **ADMINISTRATIVE EXPERIENCE**

UNIVERSITY	POST
TAMIL NADU PHYSICAL EDUCATION AND	VICE-CHANCELLOR
SPORTS UNIVERSITY	
ALAGAPPA UNIVERSITY COLLEGE OF	PRINCIPAL
PHYSICAL EDUCATION	
ALAGAPPA UNIVERSITY COLLEGE OF	PRINCIPAL I/C
PHYSICAL EDUCATION	
TOTAL YEARS OF EXPERIENCE	12 YEARS AND 11 MONTHS

# **EXPERIENCE IN ORGANIZING EVENTS**

S.NO	ROLE	EVENT NAME
1	DIRECTOR	ALL INDIA INTER-UNIVERSITY ATHLETICS
		CHAMPIONSHIP FOR MEN
		2023-2024
2	DIRECTOR	SOUTH ZONE INTER-UNIVERSITY
		ATHLETICS CHAMPIONSHIP FOR MEN
		2023-2024
3	DIRECTOR	SOUTH ZONE INTER-UNIVERSITY TABLE
		TENNIS TOURNAMENT FOR MEN
		2023-2024
4	DIRECTOR	ALL INDIA INTERUNIVERSITY ATHLETICS
		CHAMPIONSHP FOR MEN AND WOMEN
		2022-2023
5	DIRECTOR	SOUTH WEST ZONE INTERUNIVERSITY
		ATHLETICS CHAMPIONSHIP FOR MEN AND
		WOMEN
		2022-2023
6	CAMPUS DIRECTOR	KHELO INDIA YOUTH GAMES
		2024
7	ORGANIZING SECRETARY	17 <sup>TH</sup> SENIOR STATE PARA ATHLETICS
		CHAMPIONSHIP
		2022
8	ORGANIZING SECRETARY	FIRST STATE SUB JUNIOR/ JUNIOR
		PARA ATHLETICS CHAMPIONSHIP
		2022
9	ORGANIZIZING SECRETARY	STATE SUB JUNIOR/ JUNIOR PARA
		ATHLETICS CHAMPIONSHIP
		2024
10	ORGANIZING SECRETARY	SENIOR NATIONAL PARA ATHLETICS
		CHAMPIONSHIP
		2023

# FORMULATION OF MOU's

S.NO	LIST OF SIGNED MOU'S
01	TNPESU AND THE INTERNATIONAL APPLIED TAMIL TEAM, SAUDI ARABIA
02	TNPESU AND MANAVATA, AN INTERNATIONAL ORGANIZATION, UNITED
	KINGDOM
03	TNPESU AND BAHIR DAR UNIVERSITY, ETHIOPIA
04	TNPESU AND NARCHINTHANAIVATTAM CHARITABLE TRUST, CHENNAI
05	TNPESU AND TAMIL NADU YOUTH FIELD ARCHERY ASSOCIATION
06	TNPESU AND TAMIL NADU YOGASANA SPORTS ASSOCIATION
07	TNPESU AND TAMIL NADU WOMEN YOGA ASSOCIATION
08	TNPESU AND CORPORATION IN THE DEVELOPMENT OF PARA SPORTS
09	TNPESU AND TAMIL NADU DR. AMBEDKAR LAW UNIVERSITY
10	TNPESU AND SPORTS DEVELOPMENT AUTHORITY OF TAMIL NADU
11	TNPESU AND APOLLO RESEARCH HOSPITAL
12	TNPESU AND ROTARY CLUB, CHENNAI
13	TNPESU AND VEL TECH RANGANATHAN DR SAGUNTHALA INSTITUTE OF
	SCIENCE AND TECHNOLOGY
14	TNPESU AND CHETTINAD ACADEMY OF RESEARCH AND EDUCATION
15	ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION AND
	PASUMPON MUTHURAMALINGAM COLLEGE OF PHYSICAL EDUCATION
16	ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION AND
	TAMILNADU PARALYMPICS SPORTS ASSOCIATION
17	TNPESU AND TAMILNADU PARALYMPICS SPORTS ASSOCIATION
18	TNPESU AND BHARATH MEDICAL COLLEGE AND HOSPITAL
19	TNPESU AND ELITE UNIVERSAL SPORTS ALLIANCE INDIA PRIVATE LIMITED
20	TNPESU AND KALVI GROUP OF INSTITUTIONS
21	TNPESU AND TAGORE MEDICAL COLLEGE
22	TNPESU AND ACADEMY OF MARITIME EDUCATION AND TRAINING(AMET)
	DEEMED TO BE UNIVERSITY
23	TNPESU AND S.B. ARVIND TEMPLES ADVENTURE, EEW@PROSCUBA DIVA
	ACADEMY
24	TNPESU AND TAMIL NADU AMATEUR KICKBOXING ASSOCIATION

# **AWARDS AND HONORS**

S.NO	NAME OF AWARD OF	AWARDED BY	YEAR OF
	FELLOWSHIP		AWARD
01	THE MOST INFLUENTIAL VICE	GOLDEN AIM CONFERENCE	2023
	CHANCELLOR AWARD	AWARDS	
	(NATIONAL AWARD)		
02	LIFETIME ACHEIVEMENT	LIONS'S CLUB INTERNATIONAL	2023
	AWARD	DISTRICT 3241	
03	THE BLUE MOUNTAIN OF INDIA	MAKKAL SANTHIPPU DAILY	2023
	AWARD	TAMIL NEWSPAPER	
04	LIFETIME ACHEIVEMENT	NOVA WORLD RECORDS PRIDE	2023
	AWARD	AWARD	
05	EXCELLENCE IN SPORTS	INDIAN POSTAL DEPARTMENT	2019
	DEPARTMENT-MY STAMP	AND NADAR SARASWATHI	
	AWARD	ENGINEERING AND TECHNOLOGY	-
		COLLEGE	
06	EXCELLENCE IN PARA SPORTS	ALAGAPPA UNIVERSITY	2018
	AWARD		
07	MAHATMA GANDHIJI AWARD	INDIAN CULTURAL	2009
		DEVELOPMENT	
08	BEST TEACHER AWARD	LEGAL RIGHT ORGANIZATION	2017
09	25 YEARS OF SERVICES AWARD	ALAGAPPA UNIVERSITY	2020
10	OUTSTANDING IN SPORTS	KALAM EDUCATIONAL AND	2010
	CONTRIBUTION	CHARITABLE TRUST	

# INFRASTRUCTURE DEVELOPMENT

(Construction and Inauguration of Indoors, Outdoor fields, Buildings etc)

S.NO	NAME OF THE BUILDING/ FIELD
01	BADMINTON INDOOR, TNPESU
02	400M SYNTHETIC TRACK AND FIELD, TNPESU
03	TABLE TENNIS INDOOR, TNPESU
04	KABADDI INDOOR, TNPESU
05	ACADEMIC BLOCK, TNPESU
06	PARA SPORTS CENTRE, TNPESU
07	PARA SPORTS CENTRE, AUCPE

# EXPERIENCE OF WORKING WITH INTERNATIONAL BODIES

S.N	NAME OF THE INTERNATIONAL BODY	NATURE OF EXPERIENCE
O		
01	INTERNATIONAL CONFERENCE, SINGAPORE	CHAIR PERSON
02	ST. JOSEPH UNIVERSITY DAR ESSALAAM, TANZANIA	GUEST LECTURER
03	TORANTO,CANADA PARA SPORTS ASSOCIATION	INDIAN TEAM COACH
04	THAILAND PARA SPORTS ASSOCIATION	INDIAN TEAM COACH
05	MALAYSIA PARA SPORTS ASSOCIATION	INDIAN TEAM COACH
06	FRANCE PARA SPORTS ASSOCIATION	INDIAN TEAM COACH

07	SRILANKA PARA SPORTS	INDIAN TEAM COACH
	ASSOCIATION	
08	BANGKOK PARA SPORTS ASSOCIATION	INDIANTEAM MANAGER
09	DHUBAI (UAE) PARA SPORTS ASSOCIATION	INDIAN TEAM COACH
10	NEPAL PARA SPORTS ASSOCIATION	INDIAN TEAM COACH
11	INDONESIA PARA SPORTS ASSOCIATION	INDIAN TEAM COACH

# **EXECUTION OF MAJOR PROJECTS**

S.NO	TITLE OF THE	PROJECT	GRANTING AGENCY
5.110	PROJECT	EXPENDITURE	
01	PARA SPORTS	65,00,000	TAMILNADU
	PROJECT		GOVERNMEN T
02	WATER POND	39,80,000	ROTARY CLUB DISTRICT
	CREATION		3232
	PROJECT		
03	PLANTATION	10,00,000	METRO,
			CHENNAI
04	BANGALORE	20,00,000	MAYOWAKI
	BASED		
	PLANTATION		

# ACHIEVEMENTS IN UGC NET AND JRF

GOVERNMENT	PASSED YEAR
CENTRAL GOVERNMENT	1991
CENTRAL GOVERNMENT	1992
CENTRAL GOVERNMENT	1996
	GOVERNMENT  CENTRAL GOVERNMENT  CENTRAL GOVERNMENT  CENTRAL GOVERNMENT

# **BOOKS PUBLISHED**

S.NO	BOOK NAME	PUBLISHER NAME
01	SPORTS TRAINING	B.R.INTERNATIONAL
		PUBLISHERS NEW DELHI
02	SPORTS MANAGEMENT AND CURICULUM	AKINIK PUBLICATIONS
	DESIGN IN PHYSICAL EDUCATION	NEW DELHI
03	SPORTS BIOMECHANICS	RAGHU BARPURA
		PUBLISHERS
04	SCIENTIFIC JOURNAL OF PHYSICAL	PONDICHERY
	EDUCATION AND ALLIED SUBJECTS	UNIVERSITY
05	GUIDE FOR TRB NET AND SLET	DVK PUBLISHERS
06	INTERNATIONAL JOURNAL OF SPORTS	DEPT OF PHYSICAL
	TECHNOLOGY MANAGEMENT AND ALLIED	EDUCATION ARUMUGAM
	SCIENCES	PILLAI SETHU AMMAL
		COLLEGE
07	FUNDAMENTALS OF ATHELETICS	B.R.INTERNATIONAL
		PUBLISHERS
08	TRACK AND FIELD EVENTS COMPETITION	NAVEEN SPORTS BOOKS
	RULES	
09	TRACK AND FIELD EVENTS LAYOUT AND	NAVEEN SPORTS BOOKS
	MARKING	
10	SPORTS PSYCHOLOGY AND SOCIOLOGY IN	NAVEEN SPORTS BOOKS
	PHYSICAL EDUCATION	

# INTERNATIONAL EXPOSURE THROUGH PARTICIPATION IN CONFERENCE

TITLE OF WORKSHOP/SEMINAR/ CONFERENCE	MONTH & YEAR	PLACE
INTERNATIONAL CONFERENCE ON KINESOLOGY AND BIOMECHANICS	05 AND 06 NOV 2018	SINGAPORE

# RESEARCH PUBLICATIONS IN REFERRED INTERNATIONAL RESEARCH JOURNALS

S.No	TITLE OF PUBLICATION	NAME OF THE
		INTERNATIONAL JOURNAL
01	COALESCE CAUSE OF PLYOMETRIC AND	PROTEUS JOURNAL WEB OF
	TABATHA TRAINING ON EXPLOSIVE POWER	SCIENCE
	AND ENDURANCE AMONG MEN	ISSN NO 0889-6348
	VOLLEYBALL PLAYERS	
02	EFFECTS OF CORE STRENGTH	JOURNAL OF XIDIAN
	TRAINING AND YOGA SANA PRACTICES ON	UNIVERSITY
	SELECTED HEALTH RELATED PHYSICAL	VOLUME 14, ISSUE 5,
	FITNESS COMPONENTS	2020 ISSN NO:1001-
	AMONG FEMALE ATHLETES	2400.
03	EFFECTS OF YOGIC PRACTICES AND	HIGH TECHNOLOGY LETTERS
	PHYSICAL EXERCISES TRAINING ON	VOLUME 26, ISSUE
	FLEXIBILITY OF URBAN BOYS STUDENTS	6, 2020 ISSN NO:
		1006-6748.
04	COMPARATIVE STUDY OF CORPOREAL	"AEGEAUM JOURNAL, ISSN
	VARIABLES BETWEEN MALE AND FEMALE	NO0776-3808.
	PLAYERS OF KARAIKUDI DISTRICT	
05	CONSTRUCTION OF	JOURNAL OF XI'AN
	DIFFERENT MODEL OF YOGIC	UNIVERSITY OF
	PRACTICE PACKAGES WITH SATVIK DIET	ARCHITECTURE &
	ON SELECTED LUNG FUNCTION	TECHNOLOGY VOLUME XII,
	PARAMETERS AMONG UNDER	ISSUE III, 2020 ISSN NO: 1006-
	WEIGHT RURAL SCHOOL BOYS.	7930
06	EFFECTS OF CONTINUOUS TRAINING AND	INDIAN JOURNAL OF APPLIED
	INTERVAL TRAINING ON CARDIO	RESEARCH VOL 07 ISSN NO:
	RESPIRATORY ENDURANCE PARAMETER	2249-555X
	AMONG DELHI UNIVERSITY STUDENTS	

07	EFFECTS OF CONTINUOUS TRAINING AND INTERVAL TRAINING ON VO2 MAX PARAMETER AMONG DELHI UNIVERSITY STUDENTS	INDIAN JOURNAL OF APPLIED RESEARCH VOL 07 ISSN NO: 2249-555X
	EFFECTS OF PLYOMETRIC TRAINING AND	INTERNATIONAL JOURNAL OF
	MODIFIED TRAINING ON SELECTED	HEALTH, PHYSICAL
08	PHYSICAL AND PHYSIOLOICAL VARIABLES	EDUCATION AND COMPUTER
	AMONG SCHOOL BYS	SCIENCE IN SPORTS VOL 25
		ISSN NO:2231-3265
09	EFFECTS OF RESISTANCE	INTERNATIONAL
	TRAINING ON LEG STRENGTH	JOURNAL OF SCIENTIFIC
	AMONG UNIVERSITY ATHLETES	RESEARCH AND REVIEW VOL 7
		ISSN NO:2279-543X
	EFFECTS OF YOGIC PRACTICES AND	INTERNATIONAL JOURNAL OF
	BRAINFITNESS EXERCISES ON SELF	RESEARCH AND ANALYTICAL
10	CONFIDENCE OF RURAL AREA COLLEGE	REVIEWS VOL:6 E-ISSN
	STUDENTS	NO:2348- 1269 P-ISSN
		NO:2349-5138
11	EFFECT OF CIRCUIT	INTERNATIONAL
	RESISTANCE TRAINING ON	JOURNAL OF
	LEG STRENGTH AMONG UNIVERSITY	SCIENTIFIC RESEARCH AND
	ATHLETES	REVIEW VOL:7
		ISSN NO: 2279-543X
12	EFFECT OF PHYSICAL EDUCTION	EUROPEAN JOURNAL OF
	PROGRAMME ANDBASKETBALL DRILLS ON	BUSINESS AND SOCIAL
	SELECTED HEALTH RELATEDFITNESS	SCIENCES VOL:07 ISSN
	VARIABLES	NO:2235-767X
13	ISOLATED AND COMPAINED EFFECT OF	INDIAN JOURNAL OF PUBLIC
	CONTINIOUS RUN ALTERNATE PACE RUN	HEALTH REASEARCH &
	ON SELECTED MOTOR FITNESS	DEVELOPMENT 10(11) ,711-716
	PHYSIOLOGICAL HEMATOLOGICAL	
	VARIABLES AMONG MALE ATHLETES	
14	PROVELENCE OF SYMPTOMS OF	INT J COMMUNITY MED
	REPRODUCTIVE TRACT INFECTIONS	PUBLIC HEALTH4(1),206-10
	AMONG MARRIED REPRODUCTIVE AGE	
	GROUP WOMEN IN SELECTED RURAL	
	TOROUT WOMEN IN SELECTED RUNAL	
15	AREAS OF HASSANKARNATAKA, INDIA	JOURNAL OF XIDIAN
15		
15	AREAS OF HASSANKARNATAKA, INDIA CONSEQUENCE OF JUMP ROPE TRAINING AND KETTLE BELL TRAINING ON	UNIVERSITY, VOLUME14:
15	AREAS OF HASSANKARNATAKA, INDIA CONSEQUENCE OF JUMP ROPE TRAINING	

# JOURNALS AFTER PH.D

S.NO	TITLE OF PUBLICATION	PUBLISHER NAME
01	EFFECTS OF CONTINUOUS	"AEGEAUM
	TRAINING AND INTERVAL TRAINING ON	JOURNAL, ISSN NO0776-3808.
	SELECTED PHYSICAL VARIABLES AMONG	
	DELHI UNIVERSITY COLLEGE MEN	
	STUDENTS.	
02	EFFECTS OF CONTINUOUS TRAINING AND	"AEGEAUM JOURNAL, ISSN
	INTERVAL TRAINING ON SELECTED	NO0776-3808.
	PHYSIOLOGICAL VARIABLES AMONG	
	DELHI UNIVERSITY COLLEGE MEN	
	STUDENTS.	
03	IMPACT OF CIRCUIT BASED SKILL	JOURNAL OF XI'AN UNIVERSITY
	TRAINING ON SKILL PERFORMANCE OF	OF ARCHITECTURE &
	MEN FOOTBALLERS	TECHNOLOGY VOLUME-
		XII:ISSUE:IV ISSN-
		1001-2400.
04	EFFECTS OF PACKAGE	JOURNAL OF XI'AN
	TRAINING ON SELECTED PHYSICAL	UNIVERSITY OF ARCHITECTURE
	FITNESS VARIABLES OF DIFFERENTLY	& TECHNOLOGY ISSN NO 1006-
	ABLE ATHLETES OF TAMIL NADU,	7930
05	EFFECTS OF CORE TRAINING	
	WITH AND WITHOUT YOGIC PRACTICES ON	INTERNATIONAL
	SELECTED PSYCHOLOGICAL	JOURNAL OF ADVANCED
	VARIABLESAMONG COLLEGE MEN	SCIENCE AND TECHNOLOGY
	ATHLETES.	VOL. 28, NO. 16,
		(2019), PP. 326-331.
06	EFFECTS OF DIFFERENT	JOURNAL OF XI'AN
	PACKAGES OF TRAINING ON SELECTED	UNIVERSITY OF ARCHITECTURE
	MOTOR ABILITY COMPONENTS AND	& TECHNOLOGY VOLUME XI,
	PHYSIOLOGICAL VARIABLES OF COLLEGE	ISSUE III, 2019 ISSN NO:
	FOOTBALL PLAYERS.	1006-7930
07	EFFECTS OF PLYOMETRIC	JOURNAL OF XI'AN
	TRAINING ON SELECTED MOTOR ABILITY	UNIVERSITY OF ARCHITECTURE
	COMPONENTS AND PHYSIOLOGICAL	& TECHNOLOGY ISSN NO: 1006-
	VARIABLES OF COLLEGE FOOTBALL	7930.
	PLAYERS.	
08	AN INFLUENCE OF YOGIC	JOURNAL OF XI'AN UNIVERSITY
	PRACTICES ON SELECTED MOTOR FITNESS	OF ARCHITECTURE &
	VARIABLE AMONG MEN KHO-KHO	TECHNOLOGY
	PLAYERS.	VOL-XII:ISSUE:IV ISSN-1001-2400.

09	"EFFECTS OF ELASTIC TRAINING AND MOBILITY EXERCISE ON SELECTED PHYSICAL & PHYSIOLOGICAL VARIABLES AMONG COLLEGE WOMEN STUDENTS.	INTERNATIONAL JOURNAL OF SPORTS TECHNOLOGY, MANAGEMENT AND ALLIED SCIENCE, JAN, VOL. 2(4), PP-41-42.
10	IMPACT OF CIRCUIT BASED SKILL TRAINING ON SKILL PERFORMANCE OF MEN FOOTBALLERS.	JOURNAL OF XI'AN UNIVERSITY OF ARCHITECTURE & TECHNOLOGY, VOL XII, ISSUE III, 2020 ISSN NO: 1006-7930.
11	AN INFLUENCE OF YOGIC PRACTICES ON SELECTED MOTOR FITNESS VARIABLE AMONG MEN KHO - KHO PLAYER.	JOURNAL OF XI'AN UNIVERSITY OF ARCHITECTURE & TECHNOLOGY, VOL XII, ISSUE IV, 2020 ISSN NO: 1006-7930.
12	EFFECTS OF CIRCUIT TRAINING, RESISTANCE TRAINING AND COMBINED TRAINING ON SELECTED PHYSICAL VARIABLE AMONGSCHOOL BOYS	INDIAN JOURNAL OF APPLIED RESEARCH VOL 06 ISSN NO:2249- 555X
13	EFFECTS OF CIRCUIT TRAINING AND PACKAGE TRAINING ON CARDIO RESPIRATORY ENDURANCE PARAMETER AMONG SCHOOLBOYS	INDIAN JOURNAL OF APPLIED RESEARCH VOL 06 ISSN NO: 2249-555X
14	INTERNATIONAL JOURNAL OF SPORTS TECHNOLOGY, MANAGEMENT AND ALLIED SCIENCES	DEPARTMENT OF PHYSICAL EDUCATION ARUMUGAM PILLAI SEETHAI AMMAL COLLEGE VOL 1 ISSN NO: 2319-5274
15	SCIENTIFIC JOURNAL OF PHYSICAL EDUCATION AND ALLIED SUBJECTS	SOCIETY OF PHYSICAL EDUCATION AND SPORTS SCIENCES PUDUCHERRY VOL 1 ISSN NO:2231- 041X
16	THERAPEUTIC EFFECT OF CAUSE OF OBESITY IN WOMEN	INDIAN JOURNAL OF YOGA EXERCISE AND SPORTS SCIENCE VOL: II REG NO:WBBIL/2007/22677S
17	AQUA AEROBIC EXERCISES AND AEROBIC EXERCISES WITH SURYA NAMASKAR ON VITAL CAPACITY PARAMETERS AMONG COLLEGE MEN STUDENTS: EFFECT STUDY	INTERNATIONAL JOURNAL OF INNOVATIVE KNOWLEDGE CONCEPT VOL:2 ISSN NO:2454-2415

18	IMPACT OF GAMES SKILL	INTERNATIONAL
	TRAINING WITH AND WITHOUT YOGIC	JOURNAL OF ENGINEERING
	PRACTICES ON SELECTED PHYSICAL	RESEARCH AND SPORT SCIENCE
	PARAMETER AMONG COLLEGE LEVEL	VOL:II ISSN NO:
	WOMEN	2348-1404
	VOLLEYBALL PLAYER	
19	EFFECTS OF AQUA AEROBIC EXERCISE AND	INDIAN JOURNAL OF SCIENTIFIC
	AEROBIC EXERCISE ON VO2 MAX	YOGA VOL:I
	PARAMETER AMONG COLLEGE MEN	ISBN NO: 978-81-
	STUDENTS	932543-8-7
20	EFFECTS OF VARIED	INTERNATIONAL
	INTENSITY PLYOMETRIC	JOURNAL OF
	TRAINING WITH AND WITHOUT WEIGHT	ENGINEERING RESEARCH AND
	TRAINING ON SELECTED PHYSICAL	SPORT SCIENCE VOL : III ISSN
	VARIABLE AMONG COLLEGE MEN	NO: 2348-1404
	STUDENTS	
21	COALESCE CAUSE OF PLYOMETRIC AND	PROTEUS
	TABATHA TRAINING ON EXPLOSIVE POWER	JOURNAL [WEB OF SCIENCE ]
	AND ENDURANCE AMONG MEN	ROTEUS JOURNAL
	VOLLEYBALL PLAYERS	ISSN NO 0889-6348.
22	CONSEQUENCE OF JUMP ROPE TRAINING	JOURNAL OF XIDIAN
	AND KETTLE BELL TRAINING ON	UNIVERSITY, VOLUME14: ISSUE:
	SELECTED AGILITY AND MUSCULAR	5
	STRENGTH OF COLLEGE MEN BADMINTON	ISSN-1001-2400.
	PLAYERS	
23	EFFECTS OF CORE STRENGTH TRAINING	JOURNAL OF XIDIAN
	AND YOGA SANA PRACTICES ON SELECTED	UNIVERSITY
	HEALTH RELATED PHYSICAL FITNESS	VOLUME 14, ISSUE 5,
	COMPONENTS	2020 ISSN NO:1001- 2400.
	AMONG FEMALE ATHLETES	
24	EFFECTS OF YOGIC PRACTICES AND	HIGH TECHNOLOGY LETTERS,
	PHYSICAL EXERCISES TRAINING ON	VOLUME 26, ISSUE
	FLEXIBILITY OF URBAN BOYS STUDENTS	6, 2020 ISSN NO:
		1006-6748.
25	COLLISION OF BALLISTIC AND	HIGH TECHNOLOGY LETTERS
	PLYOMETRIC TRAINING ON SELECTED	VOLUME 26, ISSUE 6, 2020
	EXPLOSIVE POWER AND VITAL CAPACITY	ISSN NO: 1006-6748
	OG COLLEGE MEN VOLLEYBALL PLAYERS	
26	COMPARATIVE STUDY OF CORPOREAL	"AEGEAUM JOURNAL, ISSN
	VARIABLES BETWEEN MALE AND FEMALE	NO0776-3808.
	PLAYERS OF KARAIKUDI DISTRICT	
27	CONSTRUCTION OF	JOURNAL OF XI'AN
	DIFFERENT MODEL OF YOGIC	UNIVERSITY OF ARCHITECTURE
i		
	PRACTICE PACKAGES WITH SATVIK DIET	&
	PRACTICE PACKAGES WITH SATVIK DIET ON SELECTED LUNG FUNCTION	TECHNOLOGY VOLUME XII,

	WEIGHT RURAL SCHOOL BOYS.	7930
28	PROVELENCE OF	INT J COMMUNITY MED
	SYMPTOMS OF REPRODUCTIVE TRACT	PUBLIC HEALTH4(1),206-10
	INFECTIONS AMONG MARRIED	
	REPRODUCTIVE AGE GROUP WOMEN IN	
	SELECTED RURAL AREAS OF	
	HASSANKARNATAKA, INDIA	
29	EFFECTS OF CONTINUOUS TRAINING AND	INDIAN JOURNAL OF APPLIED
	INTERVAL TRAINING ON CARDIO	RESEARCH VOL 07 ISSN NO:
	RESPIRATORY ENDURANCE PARAMETER	2249-555X
	AMONG DELHI	
	UNIVERSITY STUDENTS	
30	EFFECTS OF CONTINUOUS TRAINING AND	INDIAN JOURNAL OF APPLIED
	INTERVAL TRAINING ON VO2 MAX	RESEARCH VOL 07 ISSN NO:
	PARAMETER AMONG DELHI	2249-555X
	UNIVERSITY STUDENTS	
31	EFFECTS OF PLYOMETRIC TRAINING AND	INTERNATIONAL JOURNAL OF
	MODIFIED TRAINING ON SELECTED	HEALTH, PHYSICAL EDUCATION
	PHYSICAL AND PHYSIOLOICAL VARIABLES	AND COMPUTER SCIENCE IN
	AMONG SCHOOL BYS	SPORTS VOL 25 ISSN NO:2231-
		3265
32	EFFECTS OF RESISTANCE	INTERNATIONAL
	TRAINING ON LEG STRENGTH	JOURNAL OF SCIENTIFIC
	AMONG UNIVERSITY ATHLETES	RESEARCH AND REVIEW VOL 7
		ISSN NO:2279-543X
33	EFFECTS OF YOGIC	INTERNATIONAL JOURNAL OF
	PRACTICES AND BRAINFITNESS EXERCISES	RESEARCH AND ANALYTICAL
	ON	REVIEWS VOL:6 E-ISSN NO:2348-
	SELF CONFIDENCE OF RURAL	1269 P-ISSN
	AREA COLLEGE STUDENTS	NO:2349-5138
34	EFFECT OF CIRCUIT	INTERNATIONAL
	RESISTANCE TRAINING ON	JOURNAL OF
	LEG STRENGTH AMONG UNIVERSITY	SCIENTIFIC RESEARCH AND
	ATHLETES	REVIEW VOL:7
		ISSN NO: 2279-543X
35	EFFECT OF PHYSICAL EDUCTION	EUROPEAN JOURNAL OF
	PROGRAMME ANDBASKETBALL DRILLS ON	BUSINESS AND SOCIAL
	SELECTED HEALTH RELATEDFITNESS	SCIENCES VOL:07 ISSN NO:2235-
	VARIABLES	767X
	ICOLATED AND COMBAINED DEED OF OR	INDIAN IOHDNIAL OF BUDLIO
	ISOLATED AND COMPAINED EFFECT OF	INDIAN JOURNAL OF PUBLIC
	CONTINIOUS RUN ALTERNATE PACE RUN ON SELECTED MOTOR EITNESS	HEALTH REASEARCH &
26	ON SELECTED MOTOR FITNESS  PHYSIOLOGICAL HEMATOLOGICAL	DEVELOPMENT 10(11) ,711-716
36	PHYSIOLOGICAL HEMATOLOGICAL WARLANDLES AMONG MALE ATHLETES	
	VARIABLES AMONG MALE ATHLETES	

	EFFECTS OF UPHILL TRAINING	NTERNATIONAL JOURNAL ON
	ON SELECTED PHYSICAL AND	ADVANCE RESEARCH,IDEAS
37	PHYSIOLOGICAL VARIABLES AMONG LONG	AND INNOVATIONS IN
	DISTANCE RUNNERS	TECHNOLOGY VOL:4 ISSN
		NO:2454-132X
38	EFFECT OF STEP AEROBIC TRAINING ON	INTERNATIONAL JOURNAL OF
	SELECTED PHYSICAL AND PHYSIOLOGICAL	ADVANCE RESEARCH, IDEAS
	VARIABLES AMONG LONG DISTANCE	AND INNOVATIONS IN
	RUNNERS	TECHNOLOGY VOL:
		4ISSN NO: 2454-132X

# EXPERIENCE OF ORGANIZING EVENTS SUCH AS WORKSHOPS, SEMINARS, CONFERENCE

S.NO	TITLE	ROLE	PLACE
01	7 DAYS INTERNATIONAL	PATRON AND	TAMIL NADU PHYSICAL
	WEBINAR INDICATED	DIRECTOR	EDUCATION AND SPORTS
	APPROACH OF YOGA		UNIVERSITY
	THERAPY FOR DISORDERS IN		
	WOMEN		
02	INTERNATIONAL	PATRON AND	TAMIL NADU PHYSICAL
	CONFERENCE ON CURRENT	DIRECTOR	EDUCATION AND SPORTS
	TRENDS AND CHALLENGES		UNIVERSITY
	IN 21ST CENTURY		
	LIBRARIANSHIP		
03	5 DAYS INTERNATIONAL	PATRON AND	TAMIL NADU PHYSICAL
	WEBINAR ON YOGA FOR	DIRECTOR	EDUCATION AND SPORTS
	YOUTH AND GOOD HEALTH		UNIVERSITY
04	TWO DAYS INTERNATION	PATRON AND	TAMIL NADU PHYSICAL
	WORKSHOP(OFFLINE ON	DIRECTOR	EDUCATION AND SPORTS
	IMPORTANCE OF YOGA		UNIVERSITY
	THERAPY FOR ALTERNATIVE		
	MEDICNE IN MODERN		
	LIFESTYLE		
05	TWO DAYS INTERNATIONAL	ORGANIZING	AUCPE,ALAGAPPA
	WEBINAR ON MENTAL,	COMMITTEE	UNIVERSITY
	SOCIAL, EMOTIONALAND		
	SPIRITUAL INTELLIGENCE		
	FOR INNOVATIVE PROCESS IN		
	HIGHER EDUCATION		
	PHYSICAL		

06	TWO DAYS INTERNATIONAL CONFERENCE ON YOGA MEDITATION FOR HARMONY OF BODY AND MIND	CONVENOR	AUCPE,ALAGAPPA UNIVERSITY
07	TWO DAYS INTERNATIONAL WEBINAR ON REFLECTION AND PRACTICES OF INDIAN NATIONAL EDUCATION POLICY (2020) IN HIGHER EDUCATION	ORGANIZING COMMITTEE	AUCPE,ALAGAPPA UNIVERSITY
08	TWO DAYS INTERNATIONAL CONFERENCE ON SPORTS VISIONAND MISSION FOR GROOMING ATHLETES FOR OLYMPICS-2020	CO-CONVENOR	AUCPE,ALAGAPPA UNIVERSITY
09	INTERNATIONAL WORKSHOPON FOOTBALL	PATRON AND DIRECTOR	AUCPE,ALAGAPPA UNIVERSITY
10	INTERNATIONAL CONFERENCE ON MODERN TRENDS IN SPORTS TECHNOLOGY MANAGEMENT AND ALLIED SCIENCE	ORGANIZING SECRETARY	AUCPE, ALAGAPPA UNIVERSITY
11	INTERNATIONAL WORKSHOP ON SPORTS BEYOND BORDERS	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
12	UGC INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION SPORTS MEDICINE AND YOGA	CO-CHAIRMAN	BANARAS HINDU UNIVERSITY ,VARANASI
13	TWO DAYS NATIONAL WORKSHOP ON IMPORTANCE OF VARMA AND YOGA THERAPY FOR MODERN LIFESTYLE	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
14	NATIONAL WEBINAR ON THAIMOZHI	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
15	ONE DAY NATIONAL LEVEL WEBINAR ON OVERVIEW OF CHESS OLYMPIAD	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
16	NATIONAL LEVEL SEMINAR ON ASSOCIATION OF INDIAN	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS

17	NATIONAL LEVEL WORKSHOP ON OFFICIATING IN PENCAK SILAT	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
18	ONE DAY NATIONAL LEVEL WEBINAR ON OVERVIEW OF CHESS OLYMPIAD	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
19	NATIONAL WORKSHOP ON TRACK AND FIELD	RESOURSE PERSON	TAMIL NADU ATHLETIC ASSOCIATION AND ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION, KARAIKUDI 5TH FEBRUARY 2005.
20	NATIONAL WORKSHOP ON TRACK AND FIELD	RESOURCE PERSON	TAMIL NADU ATHLETIC ASSOCIATION, 11TH JUNE 2006 CHENNAI
21	NATIONAL CONFERENCE ON SPORTS MEDICINE AND SPORTS IN JURIES	RESOURSE PERSON	NATIONAL COLLEGE,28.02.2007
22	NATIONAL CONFERENCE ON USEOF MODERN TECHNOLOGY IN PHYSICAL EDUCATION, SPORTS AND ALLIED HEALTH SCIENCES,	RESOURSE PERSON	VINAYAKA MISSIONS UNIVERSITY,12.02.2011
23	NATIONAL ATHLETICSEMINOR	RESOURSE PERSON	CHRISTIAN COLLEGE OF PHYSICAL EDUCATION,12.10.2017
24	NATIONAL WEBINAR ON THE ROLE OF YOUTH IN NATION BUILDING	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
25	NATIONAL WEBINAR ON YOGA AND NATUROPATHY FOR GENITAL MUTILATED WOMEN	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
26	NATIONAL WEBINAR ON KENOPANISHAD	PATRON AND DIRECTOR	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
27	NATIONAL WORKSHOP ON NEW FRONTIERS IN SPORTS PHYSIOTHERAPY	RESOURCE PERSON	TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
28	NATIONAL WORKSHOP ON TRACK AND FIELD	RESOURSE PERSON	ARUL ANDAVAR COLLEGE
29	NATIONAL SEMINAR ON ISSUES AND CHALLENGES IN PHYSICAL EDUCATION	RESOURSE PERSON	SELVAM COLLEGE OF PHYSICAL EDUCATION

30	NATIONAL SEMINAR ON INNOVATIVE CONCEPTS IN PHYSICAL EDUCATION AND YOGA	RESOURSE PERSON	ARUL ANDAVAR COLLEGE
31	NATIONAL SEMINAR CUM WORKSHOP ON PHYSICAL EDUCATION AND SPORTS SCIENCE	RESOURSE PERSON	DR.SIVANTHI ADITANAR COLLEGE OF PHYSICAL EDUCATION
32	NATIONAL LEVEL WORKSHOP ON TRACK AND FIELD,2012	RESOURSE PERSON	PONDICHERRY UNIVERSITY
33	NATIONAL LEVEL WORKSHOP ON TRACK AND FIELD,2012	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
34	NATIONAL LEVEL WORKSHOP ON YOGATHERAPY	RESOURSE PERSON	KOVILOOR ANDAVAR INSTITUTE OF YOGA AND RESEARCH
35	NATIONAL LEVEL WORKSHOP ON TRACK AND FIELD,2009	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
36	NATIONAL LEVEL WORKSHOP ON EMPLOYABILITY AMONG PROSPECTIVE TEACHERS	PATRON AND DIRECTOR	ALAGAPPA UNIVERSITY COLLEGE OF EDUCATION
37	NATIONAL LEVEL WORKSHOP ON TRACK AND FIELD EVENTS,2011	RESOURSE PERSON	ARUL ANDAVAR COLLEGE
38	NATIONAL LEVEL WORKSHOP ON TRACK AND FIELD,2010	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
39	NATIONAL LEVEL WORKSHOP ON TRACK AND FIELD,2005	PATRON AND DIRECTOR	ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION
40	NATIONAL WORKSHOP ON TRACK AND FIELD,2011	RESOURSE PERSON	ARUL ANDAVAR COLLEGE
41	NATIONAL WORKSHOP ON TRACK AND FIELD,MAY 2011	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
42	NATIONAL WORKSHOP ON NEW FRONTIERS IN SPORTS PHYSIOTHERAPY	RESOURSE PERSON	TAMIL NADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY
43	NATIONAL WORKSHOP ON TRACK AND FIELD, DEC 2011	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION

44	ONE DAY NATIONAL WEBINARON MULTIDISCIPLINARY APPROACH OF SPORTS REHABILITATION THERAPISTS IN THE PANDEMIC SITUATION	CHAIRPERSON	ALAGAPPA UNIVERSITY
45	NATIONAL SEMINAR	CHAIRPERSON	ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION AND HEALTH SCIENCE
46	NATIONAL CONFERENCE	CHAIRPERSON	AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN
47	STATE LEVEL WORKSHOP ON FITNESS AND WELLNESS	PATRON AND DIRECTOR	ALAGAPPA UNIVERSITY
48	STATE LEVEL WORKSHOP ON FITNESS AND WELLNESS	PATRON AND DIRECTOR	TAMILNADU AMATURE ATHLETIC ASSOCIATION
49	TAMILNADU STATE TECHNICAL OFFICIALS SEMINOR,2003	RESOURCE PERSON	CHRISTIAN COLLEGE OF PHYSICAL EDUCATION
50	STATE LEVEL ATHLETIC SEMINAR,2015	PATRON AND DIRECTOR	ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION
51	STATE LEVEL ATHLETICS REFEREESCLINIC,2014	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
52	STATE LEVEL WORKSHOP ON ATHLETICS,JUN 2009	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
53	STATE LEVEL WORKSHOP ON ATHLETICS, JUN 2006	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION
54	STATE LEVEL WORKSHOP ON ATHLETICS, APR 2008	PATRON AND DIRECTOR	ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION
55	STATE LEVEL WORKSHOP ON TRACK AND FIELD,2015	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION AND SIVAGANGAI DISTRICT ATHLETICS ASSOCIATION
56	WORKSHOP ON TRACKAND FIELD, 2006	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION AND TRICHY DISTRICT ATHLETICS ASSOCIATION
57	WORKSHOP ON TRACK AND FIELD, APR 2008	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION AND TANJORE DISTRICT ATHLETICS ASSOCIATION

58	WORKSHOP ON TRACKAND FIELD, JUN 2008	ORGANIZING COMMITTEE	TAMIL NADU ATHLETIC ASSOCIATION,
59	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, JULY 2008	COMMITTEE	ASSOCIATION AND
			KANYAKUMARI DISTRICT
			ATHLETICS ASSOCIATION
60	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, MAY 2009	COMMITTEE	ASSOCIATION AND
			KANYAKUMARI DISTRICT
			ATHLETICS ASSOCIATION
61	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, JUNE 2009	COMMITTEE	ASSOCIATION AND
			MADURAI DISTRICT
			ATHLETICS ASSOCIATION
62	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, MAY 2010	COMMITTEE	ASSOCIATION
63	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, MAY 2007	COMMITTEE	ASSOCIATION AND
			TRICHY DISTRICT
			ATHLETICS ASSOCIATION
64	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, APR 2008	COMMITTEE	ASSOCIATION AND
			TANJORE DISTRICT
			ATHLETICS ASSOCIATION
65	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, JUNE 2008	COMMITTEE	ASSOCIATION
66	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD,JULY 2008	COMMITTEE	ASSOCIATION AND
			KANYAKUMARI DISTRICT
			ATHLETICS ASSOCIATION
67	WORKSHOP ON TRACKAND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, MAY 2009	COMMITTEE	ASSOCIATION AND
			KANYAKUMARI DISTRICT
<u> </u>	HIODICHIOD ON TO A CIV AND		ATHLETICS ASSOCIATION
68	WORKSHOP ON TRACK AND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, JUNE 2009	COMMITTEE	ASSOCIATION AND
			MADURAI DISTRICT
(0	WODECHODONITOACEAND	ODCANIZING	ATHLETICS ASSOCIATION  TANAL NADIL ATHLETIC
69	WORKSHOP ON TRACK AND	ORGANIZING	TAMIL NADU ATHLETIC
70	FIELD, MAY 2010 WORKSHOP ON TRACK AND	COMMITTEE ORGANIZING	ASSOCIATION TAMIL NADU ATHLETIC
70			
	FIELD, 8TH AND 9TH MAY	COMMITTEE	ASSOCIATION AND
	2011		KANYAKUMARI DISTRICT
			ATHLETICS ASSOCIATION
			8TH AND 9TH MAY 2011.

71	WORKSHOP ON TRACK AND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, 11TH AND 12TH MAY	COMMITTEE	ASSOCIATION
	2009		
72	WORKSHOP ON TRACK AND	ORGANIZING	TAMIL NADU ATHLETIC
	FIELD, FEB 2012	COMMITTEE	ASSOCIATION AND
			DINDIGUL DISTRICT
			ATHLETICS ASSOCIATION
			9TH TO 11TH FEB 2012
73	WORKSHOP ON TRACK AND	RESOURCE	DEPARTMENT OF
	FIELD, APR 2012	PERSON	PHYSICALEDUCATION,
			PONDICHERRY
			UNIVERSITY
74	WORKSHOP ON TRACK AND	RESOURCE	KARNATAKA STATE.
	FIELD, APR 2019	PERSON	
75	WORKSHOP ON TRACK AND	RESOURCE	CHRIST COLLEGE KERAL
	FIELD, NOV 2020	PERSON	
76	WORKSHOP ON TRACK AND	RESOURCE	KARNATAKA STATE
	FIELD, APR 2021	PERSON	
77	WORKSHOP ON TRACK AND	RESOURCE	CHRIST COLLEGE
	FIELD, JULY 2021	PERSON	KERALA
78	WORKSHOP ON SOFT SKILLS	RESOURCE	ALAGAPPA UNIVERSITY
	TRAINING, MAR 2016	PERSON	COLLEGE OF EDUCATION
79	WORKSHOP ON ATHLETICS,	RESOURCE	TAMILNADU ATHLETIC
	AUG 2013	PERSON	ASSOCIATION
80	WORKSHOP ON ATHLETICS,	ORGANIZING	TAMILNADU ATHLETIC
	SEP 2011	COMMITTEE	ASSOCIATION
81	WORKSHOP ON ATHLETICS,	ORGANIZING	TAMILNADU ATHLETIC
	OCT 2012	COMMITTEE	ASSOCIATION
82	WORKSHOP ON ATHLETICS,	ORGANIZING	TAMILNADU ATHLETIC
	APR 2014	COMMITTEE	ASSOCIATION
83	ORGANISER WORKSHOP ON	PATRON AND	AUCPE,ALAGAPPA
	HIV AND YOUTH IMPACT	DIRECTOR	UNIVERSITY

# **POSITIONS IN BIG EVENTS**

S.NO	ROLE	EVENT NAME
01	CHAIRMAN	TAMIL NADU ATHLETICS ASSOCIATION
02	COORDINATOR	PARA SPORTS CENTRE ALAGAPPA UNIVERSITY
03	TECHNICAL OFFICIAL	4TH CISM MILITARY WORLD GAMES
		HYDERABAD & MUMBAI
04	TECHNICAL OFFICIAL	ASIAN GRAND PRIX-II, CHENNAI
05	TECHNICAL OFFICIAL	IV ASIAN ATHLETICS GRAND PRIX, BANGALORE

06	TRACK REFEREE	33RD NATIONAL GAMES, GUWAHATI, MORIGAON
07	TECHNICAL OFFICIAL	48TH NATIONAL OPEN ATHLETICS
		CHAMPIONSHIP HET AT KOCHI KERALA.
08	TECHNICAL OFFICIAL	50TH NATIONAL OPEN SENIOR ATHLETICS
		CHAMPIONSHIP HET AT KOCHI KERALA.
09	TECHNICAL OFFICIAL	ASIAN GRAND PRIX –III HELD AT CHENNAI
10	TECHNICAL OFFICIAL	7TH NATIONAL YOUTH ATHLETICS
		CHAMPIONSHIP HELD AT COIMBATORE
11	TECHNICAL DELEGATE	ALL INDIA INTER UNIVERSITY ATHLETIC
		CHAMPIONSHIP 2011, ALVA'S EDUCATION
		FOUNDATION MANGALORE.
12	TECHNICAL OFFICIAL	20TH ASIAN ATHLETICS CHAMPIONSHIPS HELD
		AT BALEWADI
13	TECHNICAL DELEGATE	ALL INDIA INTER UNIVERSITY ATHLETIC
		CHAMPIONSHIP 2015, ALVA'S EDUCATION
		FOUNDATION MANGALORE.
14	TECHNICAL DELEGATE	ALL INDIA INTER UNIVERSITY ATHLETIC
		CHAMPIONSHIP 2016, ALVA'S EDUCATION
		FOUNDATION MANGALORE.
15	TECHNICAL DELEGATE	KARNATAKA STATE CROSS COUNTRY
		CHAMPIONSHIP
16	TECHNICAL DELEGATE	SOUTH ZONE JUNIOR ATHLETIC CHAMPIONSHIP
		KARNATAKA
17	TECHNICAL DELEGATE	SOUTH ZONE JUNIOR ATHLETIC CHAMPIONSHIP
		KARNATAKA
18	TECHNICAL DELEGATE	19TH NATIONAL PARA-ATHLETICS
		CHAMPIONSHIP BANGALORE
19	TECHNICAL OFFICIAL	III COMMONWEALTH YOUTH GAMES
20	TECHNICAL OFFICIAL	III COMMONWEALTH YOUTH GAMES
21	INDIAN COACH	SOUTHWEST ASIAN PARA GAMES
22	TEAM MANAGER	1ST APTBF CHAMPIONSHIP,
		BANGKOK,THAILAND
23	INDIAN COACH	ATTF INTERNATIONAL PARA ATHLETICS
		CHAMPION SHIP, BANGKOK, THAILAND
24	INDIAN COACH	SWAARC INTERNATIONAL PARA ATHLETICS
		CHAMPIONSHIP,COLOMBO,SRILANKA
25	INDIAN COACH	7TH WORLD DWARF GAMES,TORONTO
26	INDIAN COACH	3RD LUSOFONIA GAMES, GOA
27	TECHNICAL OFFICIAL	NATIONAL YOUTH ATHLETICS
		CHAMPIONSHIP,BANGALORE
28	INDIAN TEAM COACH	PARA ATHELETICS CHAMPIONSHIP,

		TORANTO,CANADA
29	INDIAN TEAM COACH	PARA ATHELETICIS CHAMPIONSHIP, FRANCE
30	INDIAN TEAM COACH	PARA ATHELETICIS CHAMPIONSHIP, THAILAND
31	INDIAN TEAM COACH	PARA ATHELETICIS CHAMPIONSHIP, MALAYSIA
32	INDIAN TEAM COACH	PARA ATHELETICS CHAMPIONSHIP, SRILANKA
33	INDIAN TEAM COACH	PARA ATHELETICS CHAMPIONSHIP, DHUBAI
		(UAE)
34	INDIAN TEAM COACH	PARA ATHELETICS, INDIAN TEAM MANAGER,
		NEPAL
35	INDIAN TEAM COACH	PARA ATHELETICS ,INDONESIA
36	INDIAN TEAM MANAGER	PARA ATHELETICIS, BANGKOK
37	LECTURER	ST.JOSEPH UNIVERSITY DAR ESSALAAM,
		TANZANIA
38	TECHNICAL OFFICIAL	20TH ASIAN ATHLETICS CHAMPIONSHIP
39	TRACK REFEREE	XIX COMMONWEALTH GAMES
40	ORGANIZING COMMITTEE	XIX COMMONWEALTH GAMES
41	ORGANIZING SECRETARY	27TH TAMIL NADU JUNIOR STATE OPEN
		ATHLETICS CHAMPIONSHIP
42	TECHNICAL OFFICIAL	III COMMONWEALTH YOUTH GAMES
43	TECHNICAL OFFICIAL	ASIAN ATHLETIC GRAND
		PRIX
44	TECHNICAL OFFICIAL	LUSOFONIA GAMES
45	ORGANIZING COMMITTEE	ASIAN GRAND PRIX
46	ORGANIZING COMMITTEE	2ND INDIAN GRAND PRIX ATHLETIC
		MEET
47	ORGANIZING COMMITTEE	3RD INDIAN GRAND PRIX ATHLETIC MEET
48	ORGANIZING COMMITTEE	VI NATIONAL YOUTH ATHLETIC CHAMPIONSHIP
49	ORGANIZING COMMITTEE	NATIONAL PARA DWARF ATHLETIC
		CHAMPIONSHIP AND GAMES
50	INDIAN TEAM MANAGER	1ST APTBF CHAMPIONSHIP
51	ORGANIZING COMMITTEE	2ND INDIAN GRAND PRIX ATHLETIC MEET
52	ORGANIZINGSECRETARY	14TH STATE PARA ATHLETICCHAMPIONSHIP
53	ORGANIZING SECRETARY	15TH STATE PARA ATHLETIC CHAMPIONSHIP
54	HEAD ORGANIZING	STATE LEVEL DIFFERENTLY ABLED PERSONS
	SECRETARY	SPORTS MEET
55	HEAD ORGANIZING	STATE LEVEL DIFFERENTLY ABLED

	SECRETARY	PERSONS SPORTS MEET	
56	ORGANIZING SECRETARY	STATE LEVEL DIFFERENTLY ABLED PERSONS	
		SPORTS AND GAMES 2018-19	
57	ORGANIZING SECRETARY	8TH PARALYMPICS NATIONAL ATHLETICS AND	
		GAMES FOR THE DISABLED – 2014	
58	ORGANIZING COMMITTEE	4TH KANYAKUMARI MINI	
		MARATHON	
59	COACH	KENDRA VIDYALAYA SUMMER COACHING CAMP	
60	COACH	ALL INDIA INTER UNIVERSITY ATHLETIC MEET	
61	COACH	SPORTS DEVELOPMENT AUTHORITY OF INDIA	
	COACII	COACHING CAMP	
62	COACH	ALL INDIA (IZ) INTER UNIVERSITYCRICKET	
02	COACII	TOURNAMENT (WOMEN)	
		ALL INDIA INTER UNIVERSITY	
63	COACH	ALL INDIA (IZ) INTER UNIVERSITY	
	COACII	CRICKET TOURNAMENT (WOMEN)ALL INDIA	
		INTER UNIVERSITY	
64	COACH	ALL INDIA (IZ) INTER UNIVERSITY CRICKET	
	COACII	TOURNAMENT (WOMEN) ALL INDIA INTER	
		UNIVERSITY	
65	TECHNICAL	COMMITTEECHAIRMAN AND JURY OF APPEAL	
	ILCIINICAL	FOR ALL INDIA INTERUNIVERSITY ATHLETIC	
		MEET	
66	ORGANIZING COMMITTEE	SDAT INTER UNIVERSITY FOOTBALL WOMEN	
		TOURNAMENT	
67	ORGANIZING COMMITTEE	SDAT INTER UNIVERSITY FOOTBALL MEN	
	OROTH (IZH (O COMMITTIZE	TOURNAMENT.	
68	ORGANIZING COMMITTEE	ALL INDIA INTER UNIVERSITY BALL	
		BADMINTON MEN TOURNAMENT	
69	ORGANIZING COMMITTEE	SDAT INTER UNIVERSITY TABLE TENNIS MEN &	
		WOMENTOURNAMENT	
70	ORGANIZING COMMITTEE	SDAT INTER UNIVERSITY HOCKEY	
		MEN & WOMEN TOURNAMENT	
71	ORGANIZING COMMITTEE	SOUTH ZONE INTER UNIVERSITY	
		HOCKEY WOMEN TOURNAMENT	
72	ORGANIZING COMMITTEE	SOUTH ZONE INTER UNIVERSITY HANDBALL	
		MEN & WOMEN TOURNAMENT	
73	PATRON AND DIRECTOR	ALAGAPPA UNIVERSITY INTERCOLLEGIATE	
		TOURNAMENTS	
74	ORGANIZING COMMITTEE	TAMILNADU STATE INTER DEEMED UNIVERSITY	
		ATHLETICS MEET MEN & WOMEN	
75	ORGANIZING COMMITTEE	SOUTH WEST ZONE INTER UNIVERSITY CRICKET	

		TOURNAMENT WOMEN
76	ORGANIZING COMMITTEE	UNIVERSITY CRICKET TOURNAMENT WOMEN
77	ORGANIZING COMMITTEE	STATE LEVEL SCHOOLS CRICKET CHAMPIONSHIP
78	ORGANIZING COMMITTEE	TAMIL NADU STATE CROSS COUNTRY
		CHAMPIONSHIPS
79	ORGANIZING COMMITTEE	TAMILNADU & PONDICHERRY INTER-PHYSICAL
		EDUCATION TOURNAMENTS
80	ORGANIZING COMMITTEE	SDAT INTER UNIVERSITY TABLETENNIS MEN &
		WOMEN TOURNAMENT.
81	ORGANIZING COMMITTEE	STATE LEVEL DIFFERENTLY ABLED PERSONS
		SPORTS MEET 2014-15
82	ORGANIZING COMMITTEE	32ND CONVOCATION OF ALAGAPPA UNIVERSITY
83	TEAM MANAGER	SDAT INTER UNIVERSITY BADMINTION
		TOURNAMENT
84	TECHNICAL OFFICER	22ND ASIAN ATHLETICS CHAMPIONSHIP
85	SELECTOR	ALAGAPPA UNIVERSITY TEAMS

# **EXPERIENCE TO GUIDE Ph.D SCHOLARS**

S.NO	STUDENT NAME	THESIS TITLE	YEAR OF SUBMISSION
01	MATHAN KUMAR M	EFFECT OF AQUA AEROBIC EXERCISES	DEC 2017
		AND AEROBIC EXERCISES WITH SUN	
		SALUTAYIN ON SELECTED PHYSICAL	
		FITNESS COMPONENTS	
		PHYSIOLOGICAL AND BIOCHEMICAL	
		VARIABLES AMONG COLLEGE MEN	
02	G ASHOK KUMAR	EFFECT OF COMPLEX TRAINING AND	DEC2018
		PLYOMETRIC TRAINING ON SELECTED	
		PHYSICAL PHYSIOLOGICAL AND	
		BIOCHEMICAL VARIABLES AMONG	
		COLLEGE MEN STUDENTS	
03	PANEER SELVAM	ISOLATED AND COMBINED EFFECT OF	MAR 2019
		STEP AEROBIC TRAINING AND UPHILL	
		TRAINING ON SELECTED	
		PHYSICAL, PHYSIOLOGICAL AND	
		HAEMATOLOGICAL VARIABLES AMONG	
		LONG DISTANCE RUNNERS	
04	SOORAN P	EFFECT OF CIRCUIT TRAINING	DEC 2016
		RESISTANCE TRAINING AND COMBINED	
		TRAINING ON SELECTED PHYSICAL	
		PHYSIOLOGICAL AND BIO CHEMICAL	
		VARIABLES AMONG SCHOOL BOYS	
05	KRISHNA MOORTHY M	EFFECTS OF CIRCUIT TRAINING AND	NOV 2016

		PACKAGE TRAINING ON SELECTED	
		PHYSICAL PHYSIOLOGICAL AND	
		HAEMATOLOGICAL VARIABLES AMONG	
		SCHOOL BOYS	
06	S SATHYARAJ	EFFECT OF INDIVIDUAL AND	OCT 2018
		COMBINED TRAINING OF PLYOMETRIC	
		TRAINING AND WEIGHT TRAINING ON	
		SELECTED HEALTH FITNESS	
		COMPONENTS BODY COMPOSITION	
		INDICES AND PHYSIOLOGICAL	
		VARIABLES AMONG PHYSICAL	
		EDUCATION COLLEGE STUDENTS	
07	MOHAMMED	ANALYSIS OF AEROBIC ENDURANCE	NOV 2014
	RAHEMUDEEN	ANAEROBIC CAPACITY AND	
		PERFORMANCE RELATED VARIABLES	
		OF TENNIS PLAYERS IN TAMILNADU	
08	ARCHANA	EFFECT OF YOGIC PRACTICES, CORE	JUN 2019
	MANIMALATHI S	STRENGTH TRAINING AND COMBINED	
		TRAINING ON SELECTED MUSCULAR	
		PERFORMANCE MENTAL SKILL	
		MEASURE AND HAEMATOLOGICAL	
		VARIABLES AMONG UNIVERSITY	
		FEMALE STUDENTS	
09	KANNAN J	EFFECT OF TREADMILL EXERCISE	NOV 2017
		PHYSICAL TRAINING AND COMBINED	
		TREADMILL AND PHYSICAL TRAINING	
		ON SELECTED PHYSIOLOGICAL,	
		BIOCHEMICAL AND PERFORMMANCE	
		VARIABLES AMONG COLLEGE MEN	
		STUDENTS	
10	ARUN PRASANNA T	CONSTRUCTION OF DIFFERENT MODEL	DEC 2020
		OF YOGIC PRACTICE PACKAGES WITH	
		SATVIK DIET ON SELECTED PHYSICAL	
		VARIABLES MEASUREMENTS LUNG	
		FUNCTION PARAMETERS AMONG	
		UNDERWEIGHT RURAL SCHOOL BOYS	

# FORMULATION / INTRODUCTION OF NEW COURSES

S.NO	FORMULATION OF CURRICULUM /	UNIVERSITY / INSTITUTION
	INTRODUCTION OF A COURSE	NAME
01	FORMULATION OF M.PED	ALAGAPPA UNIVERSITY
02	FORMULATION OF B.PED	ALAGAPPA UNIVERSITY
03	FORMULATION OF D.PED	ALAGAPPA UNIVERSITY
04	FORMULATION OF B.SC	ALAGAPPA UNIVERSITY
05	INTRODUCED DIPLOMO IN PHYSICAL	ALAGAPPA UNIVERSITY
	EDUCATION	
06	INTRODUCED MASTER OF PHILOSOPHY IN	ALAGAPPA UNIVERSITY
	PHYSICAL EDUCATION	
07	INTRODUCED BACHELOR OF PHYSICAL	ALAGAPPA UNIVERSITY
	EDUCATION AND SPORTS SCIENCES	

# EXPERIENCE OF WORKING ON THE STATUTORY FORUMS OF A UNIVERSITY

S.NO	UNIVERSITY / INSTITUTION NAME	POSITION AND STATUTORY FORUM	FROM	ТО
UNIVERSITY	BOARD OF STUDIES		DATE	
02	ARUL ANDAVAR COLLEGE	MEMBER,	2011	2012
	OF PHYSICAL EDUCATION	BOARD OF STUDIES		
03	RAMAKRISHNA MISSION	MEMBER,	2011	2013
	VIVEKANANDA	BOARD OF STUDIES		
	UNIVERSITY			
04	MADURAI KAMARAJ	MEMBER,	2016	2018
	UNIVERSITY	BOARD OF STUDIES		
05	AVINASHILINGAM	MEMBER,	2020	2022
	UNIVERSITY	BOARD OF STUDIES		
06	THEIVANAI AMMAL	MEMBER,	2013	2014
	COLLEGE	BOARD OF STUDIES		
07	ALAGAPPA UNIVERSITY	MEMBER,	2010	TILL
		ACADEMIC COUNCIL		DATE
08	LIFE MEMBER OF INDIAN	MEMBER,	2016	TILL
	FEDERATION OF	ACADEMIC COUNCIL		DATE
	COMPUTERSCIENCE AND			
	SPORTS			
19	ALAGAPPA UNIVERSITY,	MEMBER,	2010	TILL
	SPORTS BOARD	EXECUTIVE COUNCIL		DATE
11	SPORTS DEVELOPMENT	MEMBER,	2009	TILL
	AUTHORITY OF TAMIL	EXECUTIVE COUNCIL		DATE
	NADU			
12	NSS ADVISORY COMMITTEE	MEMBER,	2010	TILL
		EXECUTIVE COUNCIL		DATE

13	AYAA NADAR JANAKI	MEMBER,	2016	2017
	AMMALCOLLEGE	EXECUTIVE COUNCIL		
14	ALAGAPPA UNIVERSITY	CHAIRMAN FOR	2010	TILL
	COLLEGE OF PHYSICAL	CURRICULUM		DATE
	EDUCATION	DEVELOPMENT,		
		ACADEMIC BODIES		
15	TAMILNADU ATHLETIC	CHAIRMAN,	2006	2017
	ASSOCIATION	PROFESSIONAL /		
		ACADEMIC BODIES		
16	ATHLETIC FEDERATION OF	MEMBER,	2006	2017
	INDIA	PROFESSIONAL /		
		ACADEMIC BODIES		
17	PARA SPORTS FEDERATION	MEMBER,	2014	TILL
		PROFESSIONAL /		DATE
		ACADEMIC BODIES		
18	SIVAGANAGAI DISTRICT	SECRETARY,	2006	TILL
	ATHLETIC ASSOCIATION	SIVAGANAGAI DISTRICT		DATE
		ATHLETIC ASSOCIATION		
19	SIVAGANAGAI DISTRICT	PRESIDENT,	2014	TILL
	PARA ATHLETIC	SIVAGANAGAI DISTRICT		DATE
	ASSOCIATION	PARA ATHLETIC		
		ASSOCIATION		
20	SIVAGANAGAI DISTRICT	PRESIDENT,	2006	TILL
	SCHOOL CRICKET	SIVAGANAGAI DISTRICT		DATE
	ASSOCIATION	SCHOOL CRICKET		
		ASSOCIATION		
21	INDIAN OLYMPIC	MEMBER OF INDIAN	2007	TILL
	ASSOCIATION	OLYMPIC		DATE
		ASSOCIATION		
22	TAMIL NADU AMATURE	CHAIRMAN OF TAMIL	2004	2010
	ATHLETIC ASSOCIATION	NADU AMATURE		
		ATHLETIC		
		ASSOCIATION		
23	ALAGAPPA UNIVERSITY	MEMBER OF ALAGAPPA	1995	TILL
	SPORTS ORGANISING	UNIVERSITY SPORTS		DATE
	COMITTEE	ORGANISING COMITTEE		